

introducing...

Meals On Two Wheels



*bicycle delivery of meals
to homebound seniors*

serving Multnomah, Washington and Clark counties

Be part of this exciting new *green* program!



Volunteer to deliver meals

Make a difference by delivering meals to homebound seniors...on your bike!



Support us by donating meals or equipment

Your donation will allow us to expand this exciting new program and help us achieve our vision that no senior will go hungry or experience social isolation.

Visit our website for more information!

*mealsontwo***wheels.org**



LOAVES & FISHES CENTERS

The Meals-On-Two-Wheels People